



## Healthy body+

packages

**850 PLN**

## Healthy body+

packages

Is the proper balance of the hormonal system just an empty phrase? Absolutely not. It is the foundation of everyday life. Do you struggle to keep your weight down and lack energy? Our endocrinologists and nutritionists first check what the cause is and help you to go straight to feeling healthy and energized. A personalized diet and supplementation monitored by doctors can restore hormonal homeostasis and alleviate oxidative stress, increasing the quality of life.

- 3D body scan
- lifestyle assessment (30min)
- consultation with our endocrinologist (30min)
- consultation with our nutritionist (1h)
- antioxidant levels assessment

**longevity**

CENTER