



Sporty body +

packages

1 250 PLN

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For people who regularly engage in physical activity, an essential factor for self-improvement is the supervision of a sports cardiologist. Also, body composition analysis and the assessment of your movement habits under physiotherapeutic control, is the key to making your training safe and effective. Correct movement patterns are necessary to minimize the risk of injuries and muscle strain during training.

- posturography
- ECG
- densitometry
- consultation with our physiotherapist (1h)
- consultation with our sports cardiologist (30min)

longevity

CENTER