



Sporty body

packages

650 PLN

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Consultation with a sports cardiologist is the starting point for those choosing to begin their sporting adventure. Some disciplines can put too much strain on the heart and cause discomfort in your chest, so it is worth checking what kind of exercise will be optimal. Our professional assessment consists of the analysis of your cardiovascular system and body's silhouette so that you can prepare yourself safely for physical activity and see your health improving.

- ECG
- 3D body scan
- consultation with our sports cardiologist (30min)

longevity

CENTER