

Cardiorisk

packages

650 PLN

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Risk assessment of cardiovascular diseases based on the age of your blood vessels. Arteries naturally stiffen with age, but certain lifestyle and unfavorable environmental factors can speed up the process. Flexible arteries ensure the proper functioning of the heart and vessels and protect us against coronary heart disease and ischemic stroke.

- assessment of arterial stiffness
- ECG
- consultation with our cardiologist (30min)

longevity