



CardioAge

biological age

CardioAge

biological age

The arteries naturally stiffen with age, but inappropriate lifestyle and unfavorable environmental factors can accelerate this process. The parameter of arterial stiffness is a marker of the earliest indication of cardiovascular disorders alerting us to the possibility of developing coronary artery disease. Flexible arteries ensure the proper functioning of the heart and vessels and protect us from coronary disease or ischemic stroke. CardioAge includes: arterial stiffness test (vascular age), biochemical tests panel, ECG and cardiac consultation (30 min).

The examination enables us to determine vascular age and cardiovascular risk.