



## NeuroAge

biological age

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Neurological age, i.e. the assessment of cognitive functions, determines the speed of thinking, response, psychomotor functions and memory. Age-related neurological diseases, occupational burnout or depression often develop slowly and can easily be overlooked, so it is worth looking at cognitive functions regularly. NeuroAge includes an evaluation of cognitive functions and a psychological consultation.

**The study will enable us to determine the neurological age, check the state of neuronal connections and make recommendations on how best to improve brain performance.**