



longevity

CENTER

SWITZERLAND

Your Medical Partner for
preventive self-care & longevity



- LONGEVITY SERVICES -

Classic Check-up

DURATION 1/2 DAY

Experience a holistic approach to understanding your health with our Classic Check-up. Designed for those seeking a clear and realistic overview of their well-being, this program combines advanced clinical, medical, and technical assessments. Our experts will guide you through the results and provide tailored recommendations to support a longer, healthier life.

- Lifestyle questionnaire
- Client history
- Medical examination
- Review of vaccinations
- Gender-adapted laboratory tests
40 parameters (blood, urine)
- Resting ECG
- 3D body scan
- Lung function test
- Dynamometry (Grip strength)
- Eyesight check
- Eye pressure test
- Arterial stiffness examination
- Skin cancer screening
- CNS test
- Prostate / Breast examination
- Presentation of the test results
- Recommendations and action plan

Aging Biomarkers included:





- LONGEVITY SERVICES -

Advanced *Check-up*

DURATION 1 DAY

The Advanced Check-up offers a more detailed perspective on your health status. Ideal for those who seek a profound understanding of their body's condition, this program includes a comprehensive array of tests, from genetic and epigenetic analysis to cardiovascular evaluations. Our personalized approach ensures that you receive not only results but a strategic plan to enhance your vitality and longevity.

- Lifestyle questionnaire
- Client history
- Medical examination
- Review of vaccinations
- Extensive Gender-adapted laboratory tests 50 parameters, (blood, urine)
- Genetic and Epigenetic test
- Food intolerance screening (IGE, IgG4)
- Resting ECG
- Exercise ECG
- 3D body scan
- Lung function test
- Dynamometry (Grip strength)
- Densitometry
- Body Composition Analysis
- Eyesight check
- Eye pressure test
- Arterial stiffness examination
- Skin cancer screening
- Prostate / Breast examination
- MRI abdomen/chest
- A.G.E. Reader
- CNS test
- Presentation of the test results
- Recommendations and action plan

Aging Biomarkers included:





- LONGEVITY SERVICES -

Supreme *Check-up*

DURATION 2-3 DAYS

For those who demand the very best, the Supreme Check-up delivers an unparalleled level of health insight. This all-encompassing program delves into every aspect of your well-being, including advanced microbiome analysis and full-body imaging. With the guidance of our world-class specialists, you will receive a bespoke action plan to maximize your healthspan and quality of life.

- Lifestyle questionnaire
- Detailed personal & family history
- Medical examination
- Review of vaccinations
- In-depth age-adapted laboratory tests 60 parameters (blood, urine)
- Genetic and Epigenetic test
- Heavy metal analysis
- Microbiome analysis
- Helicobacter test
- Food intolerance screening (IGE, IgG4)
- Resting ECG
- Exercise ECG
- 3D body scan
- Posturography
- Lung function test
- Dynamometry (Grip strength)
- Densitometry
- Body Composition Analysis
- Eyesight check
- Eye pressure test
- Glucose monitoring
- Arterial stiffness examination
- Skin cancer screening
- Prostate / Breast examination
- MRI ¾ body scan
- Echocardiography
- Carotid ultrasound
- A.G.E. Reader
- CNS test
- Presentation of the test results
- Recommendations and action plan

Aging Biomarkers included:



