

Price List

Type of consultations and tests	Metabolic	Master	Master Plus	Elite	Junior	Re-Check-up
Medical consultation with leading physician	✓	✓	✓	✓	✓	✓
DNA testing for genetic predispositions		✓	✓	✓	✓	
Epigenetic testing – DNA methylation		✓	✓	✓		✓
Longevity Center biochemical panel (61 biomarkers)		✓	✓	✓	✓	✓
Longevity Center metabolic panel (17 biomarkers)	✓					
Blood Age		✓	✓	✓		✓
Arterial stiffness test with cardiological evaluation		✓	✓	✓		✓
Early detection of atherosclerosis, IMT assessment		✓	✓	✓		✓
ECG		✓	✓	✓	✓	✓
Blood pressure measurement		✓	✓	✓	✓	✓
Dynamometry – muscle strength test		✓	✓	✓	✓	✓
Ankle-brachial index measurement		✓	✓	✓		✓
A.G.E. tissue autofluorescence test		✓	✓	✓		✓
Spirometry, Pulmo Age		✓	✓	✓	✓	✓
Body composition analysis	✓	✓	✓	✓	✓	✓
3D body scan	✓	✓	✓	✓	✓	✓
DEXA scan	✓	✓	✓	✓	✓	✓
Thyroid ultrasound		✓	✓	✓		✓
Abdominal ultrasound with elastography		✓	✓	✓	✓	✓
Breast/testicular ultrasound		✓	✓	✓		✓
Glaucoma screening		✓	✓	✓	✓	✓
Mitochondrial activity assessment		✓	✓	✓		✓
NeuroCognitive test		✓	✓	✓		✓
Cognitive function test with consultation		✓	✓	✓	✓	✓
Neurologist consultation – Brain Lab		✓	✓	✓		
LC Diet Tracker – 7-day photo diet monitoring	✓	✓	✓	✓	✓	
Dietary mentoring (2 consultations)	✓	✓	✓	✓	✓	✓
Longevity coach	✓	✓	✓	✓	✓	✓
Basic functional diagnostics		✓	✓			✓
Advanced functional diagnostics				✓		
Resting metabolism analysis				✓		
Gut microbiome analysis				✓		
Food intolerance test				✓		
Stress level assessment via autonomic nervous system (HRV)				✓		
Videodermoscopy of moles				✓		
MRI (3/4 regions)				✓		
Continuous Glucose Monitoring (CGM) test		✓	✓	✓		✓
24-hour blood pressure monitoring*				✓		
Cortisol – diurnal rhythm				✓		
True Age			✓	✓		
Telomere length test			✓			
Sleep apnea diagnosis				✓		
Psychological consultation – Resilience Lab				✓		
Microplastic test				✓		
Posturography					✓	
Individual diet plan (7 days)	✓					
Health Status Report Review	✓	✓	✓	✓	✓	✓
Price	3 900 pln	14 000 pln	18 500 pln	29 500 pln	8 700 pln	12 500 pln

*optional